

# PEBB is making us tell them WHAT to get our insurance?!

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## According to PEBB documents about the new Health Engagement Model (HEM):

Members who don't enroll in a HEM plan will pay more out of pocket.

When you enroll in a HEM plan, you agree to do the following:

- Complete a confidential online health assessment
- Complete two e-lessons within six and a half months of enrolling
- Take and log actions based on recommendations of the health assessment
- If you're diagnosed with an illness or chronic condition, taking a call from a licensed medical professional
- Viewing an online decision guide prior to having certain surgeries or procedures

HEM health assessment requires a waist measurement.



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**WEDNESDAY  
OCT. 12  
TIME/PLACE TBA.**

**Join us for a TOWN  
HALL MEETING to learn  
about the HEM model**

Informed OSU colleagues believe that the PEBB HEM is a financially-motivated program that ignores public health data, reinforces sexist stereotypes about weight and body type, and interferes with the doctor-patient relationship.

<http://people.oregonstate.edu/~uzgalisw/aaup/>

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